

OSHA 30-Hour Training for the General Industry

Introduction to OSHA – 2 Hours

- ★ Importance of OSHA
- ★ Worker Rights Under OSHA
- ★ Employer Responsibilities
- ★ OSHA Standards
- ★ OSHA Inspections
- ★ Where to Go for Help

Safety & Health Programs – 1 Hour

- ★ Management Leadership & Employee Involvement Part 1
- ★ Management Leadership & Employee Involvement Part 2
- ★ Worksite Analysis Part 1
- ★ Worksite Analysis Part 2
- ★ Safety & Health Training

Recordkeeping – 1 Hour

- ★ Part 1904 - Recording & Reporting Occupational Injuries & Illnesses
- ★ Procedures for Recording Events Part 1
- ★ Procedures for Recording Events Part 2
- ★ General Recording Criteria Part 1
- ★ General Recording Criteria Part 2
- ★ Recordkeeping Forms

Hazard Communication – 2 Hours

- ★ 1910.1200 (d), Hazard Determination Part 1
- ★ 1910.1200 (d), Hazard Determination Part 2
- ★ 1910.1200 (e), (f), Written Hazard Communication & Labeling Requirements
- ★ 1910.1200 (g), (i), Material Safety Data Sheets (MSDS) & Trade Secrets Part 1
- ★ 1910.1200 (g), (i), Material Safety Data Sheets (MSDS) & Trade Secrets Part 2
- ★ 1910.1200 (h), Employee Information & Training
- ★ Creating a Hazard Communication Program Part 1
- ★ Creating a Hazard Communication Program Part 2
- ★ Common Chemical Hazards

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Exit Routes, Emergency Action Plans, & Fire Prevention – 1 Hour

- ★ 1910.36, Exit Routes Part 1
- ★ 1910.36, Exit Routes Part 2
- ★ 1910.36, Exit Routes Part 3
- ★ Emergency Action Plans
- ★ Fire Prevention Plans & Systems Part 1
- ★ Fire Prevention Plans & Systems Part 2

Fire Detection & Protection – 1 Hour

- ★ Standpipe, Hose & Automatic Sprinkler Systems Part 1
- ★ Standpipe, Hose & Automatic Sprinkler Systems Part 2
- ★ Fire Detection Systems
- ★ Fixed Extinguishing & Employee Alarm Systems Part 1
- ★ Fixed Extinguishing & Employee Alarm Systems Part 2

Electrical – 2 Hours

- ★ Introduction to Electrical Part 1
- ★ Introduction to Electrical Part 2
- ★ 1910.304, Wiring Design & Protection Part 1
- ★ 1910.304, Wiring Design & Protection Part 2
- ★ 1910.304, Wiring Design & Protection Part 3
- ★ 1910.304, Wiring Design & Protection Part 4
- ★ Wiring Methods, Components & Equipment for General Use Part 1
- ★ Wiring Methods, Components & Equipment for General Use Part 2
- ★ Wiring Methods, Components & Equipment for General Use Part 3
- ★ Wiring Methods, Components & Equipment for General Use Part 4
- ★ Wiring Methods, Components & Equipment for General Use Part 5

Electrical Part II – 2 Hours

- ★ 1910.306 - Specific Purpose Equipment & Installations Part 1
- ★ 1910.306 - Specific Purpose Equipment & Installations Part 2
- ★ 1910.308, Special Systems Part I
- ★ 1910.308, Special Systems Part 2
- ★ 1910.308, Special Systems Part 3
- ★ Hazardous Locations Part 1
- ★ Hazardous Locations Part 2
- ★ Hazardous Locations Part 3
- ★ Safe Work Practices Part 1
- ★ Safe Work Practices Part 2
- ★ Safe Work Practices Part 3

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Case Studies & Workshop – 1 Hour

- ★ Exit Routes, Emergency Action Plans & Fire Prevention Cases
- ★ Electrical Cases
- ★ Workshop

Flammable & Combustible Liquids – 1 Hour

- ★ Introduction
- ★ Container & Portable Tank Storage Part 1
- ★ Container & Portable Tank Storage Part 2
- ★ Container & Portable Tank Storage Part 3
- ★ Industrial Plants & Safe Handling Fundamentals

Lockout/Tagout – 1 Hour

- ★ 1910.147 - The Control of Hazardous Energy - Lockout/Tagout Part 1
- ★ 1910.147 - The Control of Hazardous Energy - Lockout/Tagout Part 2
- ★ Lockout/Tagout Requirements Part 1
- ★ Lockout/Tagout Requirements Part 2
- ★ Training Requirements Part 1
- ★ Training Requirements Part 2
- ★ Training Requirements Part 3

Machine Guarding – 1 Hour

- ★ General Requirements for Machine Guarding
- ★ Safeguarding Part 1
- ★ Safeguarding Part 2
- ★ Abrasive Wheel Machinery
- ★ Safety Considerations Part 1
- ★ Safety Considerations Part 2

Walking & Working Surfaces – 2 Hours

- ★ 1910.22, General Requirements
- ★ Guarding Floor & Wall Openings
- ★ Stairway Railing & Guards
- ★ Portable & Fixed Ladders
- ★ Scaffolding & Other Working Surfaces

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Welding, Cutting & Brazing – 2 Hours

- ★ General Requirements Part 1
- ★ General Requirements Part 2
- ★ General Requirements Part 3
- ★ General Requirements Part 4
- ★ Oxygen Fuel Gas Welding & Cutting Part 1
- ★ Oxygen Fuel Gas Welding & Cutting Part 2
- ★ Oxygen Fuel Gas Welding & Cutting Part 3
- ★ Oxygen Fuel Gas Welding & Cutting Part 4
- ★ Arc Welding & Cutting Part 1
- ★ Arc Welding & Cutting Part 2
- ★ Resistance Welding Part 1
- ★ Resistance Welding Part 2
- ★ Common Welding Health Hazards Part 1
- ★ Common Welding Health Hazards Part 2

Material Handling – 2 Hours

- ★ General Requirements for Material Handling Part 1
- ★ General Requirements for Material Handling Part 2
- ★ Powered Industrial Trucks Part 1
- ★ Powered Industrial Trucks Part 2
- ★ Rim Wheels, Conveyors, Cranes & Slings Part 1
- ★ Rim Wheels, Conveyors, Cranes & Slings Part 2
- ★ Training & Safety Precautions

Workshop – 1 Hour

- ★ Lockout/Tagout Part 1
- ★ Lockout/Tagout Part 2
- ★ Workshop

Ergonomics – 1 Hour

- ★ Introduction to Ergonomics
- ★ Computer Workstations
- ★ Patient Medical Care
- ★ Electrical Contractors

Permit Required Confined Spaces – 1 Hour

- ★ o Confined Spaces Part 1
- ★ o Confined Spaces Part 2
- ★ o Permit-Required Confined Spaces Part 1
- ★ o Permit-Required Confined Spaces Part 2
- ★ o Permit-Required Confined Spaces Part 3
- ★ o Training Requirements Part 1
- ★ o Training Requirements Part 2

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Personal Protective Equipment – 2 Hours

- ★ 1910.132, Personal Protective Equipment Part 1
- ★ 1910.132, Personal Protective Equipment Part 2
- ★ Eye & Face Protection Part 1
- ★ Eye & Face Protection Part 2
- ★ Respiratory Protection Part 1
- ★ Respiratory Protection Part 2
- ★ Head & Body Protection Part 1
- ★ Head & Body Protection Part 2
- ★ Head & Body Protection Part 3
- ★ Head & Body Protection Part 4

Industrial Hygiene and Bloodborne Pathogens – 1 Hour

- ★ Industrial Hygiene Part 1
- ★ Industrial Hygiene Part 2
- ★ Industrial Hygiene Part 3
- ★ Bloodborne Pathogens & Exposure Control Part 1
- ★ Bloodborne Pathogens & Exposure Control Part 2
- ★ Bloodborne Pathogens & Exposure Control Part 3
- ★ Hepatitis B Vaccination Requirements Part 1
- ★ Hepatitis B Vaccination Requirements Part 2

Hand & Portable Powered Tools & Other Hand-held Equipment – 2 Hours

- ★ General Requirements & Basic Tool Safety Part 1
- ★ General Requirements & Basic Tool Safety Part 2
- ★ Guarding of Portable Tools Part 1
- ★ Guarding of Portable Tools Part 2
- ★ Guarding of Portable Tools Part 3
- ★ Guarding of Portable Tools Part 4
- ★ Tools & Hazards Part 1
- ★ Tools & Hazards Part 2

Case Studies & Workshop – 1 Hour

- ★ Ergonomics Cases Part 1
- ★ Ergonomics Cases Part 2
- ★ Personal Protective Equipment Cases
- ★ Workshop